



Crisis Intervention Team

Training Schedule

2021

West Tennessee Regional
Training Center
317 Denmark Jackson
Road
Denmark, TN 38391
<https://wrctc.com>

THE PURPOSE OF CIT

Learning from mental health professionals and experienced officers in your community. One of the reasons CIT is successful is that it connects officers with a team of clinicians and fellow officers who can advise, problem-solve and support them when a challenging situation occurs.

Phase One: Provides in-depth coverage of the types, severity, signs and symptoms of chronic mental illnesses and the medications prescribed to help control the illnesses with their sometimes devastating side effects.

Phase Two: Personal interaction with people who have experienced and recovered from mental health crisis and with family members who have cared for loved ones with mental illness. NAMI members present at the training, providing officers a first-hand opportunity to hear stories of recovery, ask questions and learn what helps (and harms) when a person is in a crisis.

Phase Three: Verbal de-escalation skills. CIT teaches a new set of skills for ensuring officer safety – the words, approach and body language that convince a person to get help, or defuse a potentially violent encounter.

Phase Four: Scenario-based training on responding to crises. With the help of volunteers, actors, family members, etc. officers practice their skills in common crisis situations, and get immediate feedback from instructors and classmates. You may also use personal testimonies from family members or consumers.

COST

Basic = \$250

Advanced = \$200

Train the Trainer = \$150

Lunch Provided

Graduation Ceremony
(Basic)

Pins (Basic and Advanced)

POST Approved Training
and Certificates provided
for each class

Basic 40 – hour Intensive CIT

JANUARY 25 – 29

APRIL 12 – 16

SEPTEMBER 13 – 17

All classes are 0800 – 1700

CIVILIAN
FEBRUARY 22 – 24

ADVANCED
APRIL 26 – 30

TRAIN THE TRAINER
JUNE 7 – 11

DISPATCHER
OCTOBER 11 - 13

Make checks payable to “The Foundation CIT”

Registration: 731-423-6130
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