

# CRISIS INTERVENTION TEAM TRAINING

**COST: \$250.00** for Basic class

**\$150.00** for Train the Trainer

8 A.M-5 P.M

(Lunch Provided)

Graduation on Friday (Basic)

Certificates and CIT Pins (Basic)

**POST** Approved Training

CEU's Available

**40 HOUR  
INTENSIVE CIT  
CERTIFICATION  
COURSE**

West Tennessee Regional  
Training Center

317 Denmark Jackson Road

Denmark, TN 38391

<https://www.wtrtc.com/>

## THE PURPOSE OF CIT

Learning from mental health professionals and experienced officers in your community. One of the reasons CIT is successful is that it connects officers with a team of clinicians and fellow officers who can advise, problem-solve and support them when a challenging situation occurs.

**Phase One:** Provides in-depth coverage of the types, severity, signs and symptoms of chronic mental illnesses and the medications prescribed to help control the illnesses with their sometimes devastating side effects.

**Phase Two:** Personal interaction with people who have experienced and recovered from mental health crisis and with family members who have cared for loved ones with mental illness. NAMI members present at the training, providing officers a first-hand opportunity to hear stories of recovery, ask questions and learn what helps (and harms) when a person is in a crisis.

**Phase Three:** Verbal de-escalation skills. CIT teaches a new set of skills for ensuring officer safety – the words, approach and body language that convince a person to get help, or defuse a potentially violent encounter.

**Phase Four:** Scenario-based training on responding to crises. With the help of volunteers, actors, family members, etc. officers practice their skills in common crisis situations, and get immediate feedback from instructors and classmates. You may also use personal testimonies from family members or consumers.



2020 Basic CIT  
Classes

April 20-24

July 20-24

Oct 26-30

4 day Train  
the Trainer  
class

Feb 24-27

3 Day  
Advanced CIT  
class

June 24-26

3 day Civilian  
class

March 23-25

REGISTRATION- PHONE- (731-423-6130)

MCSO CIT Coordinator- Dillon Wooley EMAIL- [jwooley@mcs0-tn.org](mailto:jwooley@mcs0-tn.org)

**Make checks  
payable to  
THE FOUNDATION CIT**